

Fluoride

Fluoride is a mineral that is found naturally in many things we eat or drink. It is nature's way of helping prevent cavities. Professional strength (in-office fluorides) and low strength (home fluorides) each play important roles in helping to keep your teeth for life. In the lifelong fight against cavities, both adults and children benefit from in-office treatment and home fluorides. Professional in-office fluoride products are highly concentrated and can only be applied by a dental professional. Professional in-office fluorides make teeth stronger...and even heal weakened areas. Over time, the high level of fluoride provided by the in-office fluoride treatment will gradually be released from the teeth.

This is where low strength home fluorides, such as toothpastes and mouth rinses play a valuable role. These home fluorides are an important and valuable complement to the office treatment by replenishing and maintaining a beneficial level of fluoride in the teeth. Think of office fluoride treatments and home fluorides as your "1-2 Punch" in the lifelong fight against cavities.

Ask us how fluoride can benefit you. Do you need fluoride?